

**Workshop on IDEA Day 2024**  
(International Day Experiencing Abstinence)

**7 C's of RECOVERY**

**Hosted by the 12<sup>th</sup> Step Within Committee**

**Sat 16 Nov 2024 10am – 12.30pm**

(online on Zoom - Sydney Australia time)

- Want to take a fresh look at your recovery program?
- Keen to meet with others who also want to strengthen their recovery?

**Regardless of how well or otherwise you're going in your recovery...**

**Regardless of how new to OA or how long you've been in OA...**

**This workshop is guaranteed to be of great value in deepening and broadening your recovery experience**

**Join us at this safe, friendly, interactive Zoom workshop to connect with other members and experience a recovery re-set**

**Register by 5pm the day before, by txt (or WhatsApp) Sharon +61 414 87 47 11  
Zoom details will then be sent to you**

Endorsed by



OA Sydney Intergroup, Inc.  
[WWW.oasydney.org](http://WWW.oasydney.org)