

OVEREATERS ANONYMOUS QUEENSLAND MEETING LIST APRIL 2025

All meetings welcome newcomers.

Whatever problem you may have with food, you are welcome at our meetings!

Anonymity is a vital component of Overeaters Anonymous.
Personal phone numbers are not to be used by any outside organisations including the media.

DAY	TIME	MEETING INFORMATION
MONDAY		
Sandgate Group #55754	6:45 pm – 7:45 pm	Telephone Meeting: Free Conference Call Dial in: (07) 5660 6012 Access Code: 4109120# Alternatively download the Free Conference Call App. Contacts: Regan – 0419 024 917 Zoom Meeting – Newcomer’s welcome! Meeting ID: 483 519 5807
Pacific Rim Step Meeting Group #88397	5:30 pm – 6:30 pm	Password: Please phone or text the meeting contact person to obtain password Contact: Rosemary – 0427 741 302 (Hosted by Melbourne Intergroup) Note: The meeting is at 5.30 p.m. AEST all year round. It does not change with Daylight savings.
TUESDAY		
Victoria Point 48hr OA What’sApp Text Meeting Group #99056	7:00 pm Tuesday to 7:00 pm Thursday Topic Meeting	Non-Real Time Meeting Please get “WhatsApp” on your mobile, then use the link below to add yourself to the chat. https://chat.whatsapp.com/CkVsjlWUWxXG8d6CNmUjRk Administrator/Contacts: Les 0415270460 / Kim 0433 329 776
Townsville (Regional) Group #57940	6:30 – 7:30 pm	Hybrid Meeting – Face to Face and Zoom Face to Face: Scout Centre, 387 Charles Street, Kirwan Door closes at 6:50 pm – please text contact to be let in. Zoom Meeting Link: https://us02web.zoom.us/j/5740375070?pwd=WTNGKzdTMERDNFJVelFaSk5xYmZZQT09 Zoom Meeting ID: 574 037 5070 Passcode: 157610 OR Dial by your location: QLD – 07 3185 3730 SA – 08 7150 1149 NSW/ACT – 02 8015 6011 WA – 08 61 193 900 VIC/TAS – 03 7018 2005 Contact: Thelma – 0416 037 530
WEDNESDAY		
Rockhampton (Regional) Group #800935	6:00 – 7:00 pm	Zoom Meeting https://us02web.zoom.us/j/5740375070?pwd=WTNGKzdTME RDNFJVelFa Zoom Meeting ID: 5740375070 Password: 157610# Contacts: Helen – 0468 903 620
Beenleigh Group #57652	5:00 pm	Hybrid Meeting – Face to Face & Telephone Face to Face: Community Centre, 10 James Street, Beenleigh Free Conference Call: 07 5660 6012 Access Code: 846537# Alternatively download the free conference call app Contact Diane – 0414 503 606

THURSDAY		
Moggill Group #801476	7:00 pm – 8:00 pm	Zoom Meeting Link: https://us02web.zoom.us/j/5740375070?pwd=WTNGKzdTMERDNFJVelFaSk5xYmZZQT09 Zoom Meeting ID: 574 037 5070 Password: 157610# Contact: Sheilia – 0404 302 186
FRIDAY		
Holland Park Group #51811	10:15 am – 11:30 am	Face to Face Meeting Church of Christ (hall under the church) 55 Crown Street, Holland Park Fellowship afterwards at a local café Contact: Jane 0404 055 013
SATURDAY		
Chermside Group# 53282	9:00 am – 10:30 am Wk 1: 12 Steps Wk 2: 12 Trad Wk 3: 12 Steps Wk 4: OA Lit	Zoom Meeting https://us02web.zoom.us/j/5740375070?pwd=WTNGKzdTMERDNFJVelFaSk5xYmZZQT09 Zoom Meeting ID: 574 037 5070 Password: 157610# Contact: Kate – 0433 938 062
Ipswich Group # 36897	9:30 am – 10:30 am	Face to Face Meeting Sacret Heart Parish Centre (to the right of the church) 19 Cothill Road, Booval (Wheelchair access) Contact: Christine 07 5464 6228 Louise 0409 267 369
Victoria Point Group #50847	10:00 am	Face to Face Meeting Victoria Point Library 7-15 Bunker Road, Victoria Point Contact: Kim - 0433 329 776 Please confirm meeting is operating as it does change week to week.
SUNDAY		
Chermside Group #09336	4:00 pm – 5:30 pm Wk 1: Step Wk 2: Topic Wk 3: Trad Wk 4: Topic Wk 5: ID	Zoom Meeting https://us02web.zoom.us/j/5740375070?pwd=WTNGKzdTMERDNFJVelFaSk5xYmZZQT09 Zoom Meeting ID: 574 037 5070 Password: 157610# Contact Kim - 0408 706 849 Donne – 0424 179 836
Mudgeeraba Group #57938	4:00 pm – 5:00 pm	Hybrid Meeting – Face to Face & Telephone Face to Face: Mudgeeraba Old Post Office – Heritage Building, Back Room 57 Railway Street, Mudgeeraba Free Conference Call: 07 5660 6012 Access Code: 846537# Alternatively download the Free Conference Call app. Contact – Julia – 0411 793 944
Facebook Group Overeaters Anonymous Australia Meeting Group #99035	5:00 pm – 6:00 pm AEST QLD	Non real time meeting , running virtually on Facebook all the time https://www.facebook.com/groups/1829355207365423/ Administrators/Contacts: Luttre westacre@optusnet.com.au

TO START A NEW MEETING

Queensland Intergroup can assist you with connecting with other local fellows who may share a desire to start face to face meetings. Please contact oaqldmeetingco@gmail.com

OVEREATERS ANONYMOUS QUEENSLAND INTERGROUP INFORMATION

The purpose of the Overeaters Anonymous Queensland Intergroup is to carry the message of recovery to those with the problem with food, by fostering the practice of the Twelve Steps and Twelve Traditions of Overeaters Anonymous, guided by the Twelve Concepts of OA Service and to serve and represent Queensland member groups.

Postal Address:

PO Box 15015, City East, Qld 4002.
Shop 3, 69 Ann Street,
Web: www.oaql.com
Email: oaqlsecretary@gmail.com
Intergroup Nr: 09336
ABN: 249 834 795 34

For all **inquiries** please email:

oaqlsecretary@gmail.com
To update OA Qld meeting details:
oaqlmeetingco@gmail.com
To order **OA literature** email:
oaqlsecretary@gmail.com

For donations and deposits:

Overeaters Anonymous
Westpac BSB 034 074
Account Number: 103489
If depositing group 7th traditions, use your group number as reference.

Position	Name	Email Contact
Chairperson	Les	oaqlchair@gmail.com
Vice Chairperson	Vacant	oaqldvicechair@gmail.com
Secretary	Margot	oaqlsecretary@gmail.com
Treasurer	Jenny	Oaqldtreasurer19@gmail.com
Literature Coordinator	Vacant	oaqlsecretary@gmail.com
WSBC Delegate	2x Vacant	
Meeting List Coordinator	Nelsha	oaqlmeetingco@gmail.com
Region 10 Representative	Tina	
Newsletter Editor	Vacant	
Public Information Coordinator	Vacant	
Website Liaison	Nelsha	oaqlmeetingco@gmail.com
Events Coordinator	Vacant	
Group Support	Vacant	

SERVICE POSITION

If you are interested in doing service & would like to know more, please contact the secretary for more information.

INTERGROUP MEETING

We warmly invite members of OA Queensland to attend the monthly intergroup meeting. Queensland Intergroup meets monthly (excluding January) on the 1st Saturday of each month 9:00 am – 11:00 am

Zoom Meeting Link:

<https://us02web.zoom.us/j/86870997009?pwd=YjUxcck80YS9kWjZZNW5oeHBKM3ROUT09>

Meeting ID: 868 7099 7009

Passcode: 012938

Dial by your location phone number below then enter the meeting ID – 868 7099 7009#
NT/SA/WA: +61 8 6119 3900 or +61 8 7150 1149