

OVEREATERS ANONYMOUS QUEENSLAND MEETING LIST – JULY 2024

All meetings welcome newcomers.

Whatever problem you may have with food, you are welcome at our meetings!

Anonymity is a vital component of Overeaters Anonymous.

Personal phone numbers are not to be used by any outside organisations including the media.

MONDAY		
Sandgate Group # 55754	6:45 p.m. – 7:45 p.m.	Telephone Meeting Free Conference Call Dial in: (07) 5660 6012 Access Code: 4109120# Alternatively download the Free Conference Call app. Contacts: Regan – 0419 024 917
Pacific Rim Steps Meeting Group # 88397	5:30 p.m. – 6:30 p.m.	Zoom Meeting – Newcomers welcome! Meeting ID: 483 519 5807 Password: Please phone or text the meeting contact person to obtain password Contact: Rosemary – 0427 741 302 (Hosted by Melbourne Intergroup) Note: The meeting is at 5.30 p.m. AEST all year round. It does not change with Daylight savings.
TUESDAY		
Victoria Point 48hr OA What's App Text Meeting Group # 99056	7:00 p.m. Tuesday to 7:00 p.m. Thursday Topic Meeting	Non-Real Time Meeting Please get 'What's App' on your mobile, then use the link below to add yourself to the chat. https://chat.whatsapp.com/CkVsjlWUWxXG8d6CNmUjRk Administrators/Contacts: Les – 0415 270 460 and Kim – 0433 329 776
Townsville (Regional) Group # 57940	6:30 p.m. – 7:30 p.m.	Hybrid Meeting – Face to Face & Zoom Face to Face Scouts Centre 387 Charles Street, Kirwan Door closes at 6:50 p.m. – please text contact to be let in. Zoom Meeting Link: https://us02web.zoom.us/j/5740375070?pwd=WTNGKzdTMERDNEJVeIFaSk5xYmZZQT09 Zoom Meeting ID: 574 037 5070 Passcode: 157610 OR Dial by your location: QLD - 07 3185 3730 SA - 08 7150 1149 NSW / ACT - 02 8015 6011 WA - 08 61 193 900 VIC / TAS - 03 7018 2005 Contact: Thelma – 0416 037 530
WEDNESDAY		
Rockhampton (Regional) Group # 800935	6:00 p.m. – 7:00 p.m.	Zoom Meeting Zoom Meeting Link: https://us02web.zoom.us/j/81108476636?pwd=NETXWDNCWTA3YjRaR2pxK1dueDI1Zz09 Zoom Meeting ID: 811 0847 6636 Password: 157610# Contacts: Helen – 0468 903 620 and Pauline – 0407 116 487
Beenleigh Group # 57652	5:00 p.m.	Hybrid Meeting – Face to Face & Telephone Face to Face Community Centre 10 James Street, Beenleigh Free Conference Call Dial in: (07) 5660 6012 Access Code: 846537# Alternatively download the Free Conference Call app. Contact: Diane – 0414 503 606

THURSDAY		
Moggill Group # 801476	11:00 a.m. – 12:00 p.m.	Zoom Meeting Zoom Meeting Link: https://us02web.zoom.us/j/5740375070?pwd=WTNGKzdTMERDNEJVelFaSk5xYmZZQT09 Zoom Meeting ID: 574 037 5070 Password: 157610# Contact: Sheila – 0404 302 186
FRIDAY		
Holland Park Group # 51811	10:15 a.m. – 11:30 a.m.	Face to Face Meeting Church of Christ (hall under church) 55 Crown Street, Holland Park Fellowship afterwards at a local café Contact: Jane – 0404 055 013
SATURDAY		
Chermside Group # 53282	9:00 a.m. – 10:30 a.m. Wk 1: 12 Steps Wk 2: 12 Trad Wk 3: 12 Steps Wk 4: OA Lit	Zoom Meeting Zoom Meeting Link: https://us02web.zoom.us/j/5740375070?pwd=WTNGKzdTMERDNEJVelFaSk5xYmZZQT09 Meeting ID: 574 037 5070 Password: 157610# Contact: Kate – 0433 938 062
Ipswich Group # 36897	9:30 a.m. – 10:30 a.m.	Face to Face Meeting Sacred Heart Parish Centre (to the right of the church) 19 Cothill Road, Booval (wheelchair access) Contacts: Christine – (07) 5464 6228 and Louise – 0409 267 369
Victoria Point Group # 50847	10:00 a.m.	Face to Face Meeting Victoria Point Library 7-15 Bunker Road, Victoria Point Fellowship afterwards at a local café Contact: Kim – 0433 329 776. Please confirm meeting is operating as it does change week to week.
SUNDAY		
Chermside Group # 09336	4:00 p.m. – 5:30 p.m. Wk 1: Step Wk 2: Topic Wk 3: Trad Wk 4: Topic/Lit Wk 5: ID	Zoom Meeting Zoom Meeting Link: https://us02web.zoom.us/j/5740375070?pwd=WTNGKzdTMERDNEJVelFaSk5xYmZZQT09 Zoom Meeting ID: 574 037 5070 Password: 157610# Contacts: Kim – 0408 706 849 and Donna – 0424 179 836
Mudgeeraba Group # 57938	4:00 p.m. – 5:00 p.m.	Hybrid Meeting – Face to Face & Telephone Face to Face Mudgeeraba Old Post Office – Heritage Building, Back Room 57 Railway Street, Mudgeeraba Free Conference Call Dial in: (07) 5660 6012 Access Code: 846537# Alternatively download the Free Conference Call app. Contact: Julia – 0411 793 944
Facebook Group: Overeaters Anonymous Australia Meeting Group # 99035	5:00 p.m. – 6:00 p.m. AEST QLD	Non real time meeting, running 'virtually' on Facebook all the time https://www.facebook.com/groups/1829355207365423/ Administrators/Contacts: Luttre westacre@optusnet.com.au

IF VISITING

Clifton (Regional)
Group # 51564

Clifton is located between Warwick and Toowoomba.
If visiting the area, please feel free to contact: Luci – 07 4612 3401

NORTHERN NSW

WEDNESDAY

Casino (NSW Regional)
Group # 54213

12:00 p.m. –
1:00 p.m.

Hybrid Meeting - Face to Face & Telephone

Face to Face

Uniting Church Hall

Cnr Diary and Canterbury Street, Casino.

Please call the contact below to confirm in-person meeting on the day.

Free Conference Call Dial in: (03) 8672 0101

Access code: 2849437#

Contact: Angela – 0459 124 066 or Ina – 0437494 269

INTERESTED IN STARTING A MEETING?

Are you interested in starting an OA meeting in your local area? Queensland Intergroup is keen to assist you in connecting with other local fellows who may also share a desire to start face-to-face meetings. If you would like to have your name, details and area listed, please email oaqldmeetingco@gmail.com.

OVEREATERS ANONYMOUS QUEENSLAND INTERGROUP INFORMATION

The purpose of the Overeaters Anonymous Queensland Intergroup is to carry the message of recovery to those with the problem of eating compulsively, by fostering the practice of the Twelve Steps and Twelve Traditions of Overeaters Anonymous, guided by the Twelve Concepts of OA Service; and to serve and represent Queensland member groups.

Postal Address:

PO Box 15015, City East, Qld 4002
 Shop 3, 69 Ann Street
Web: www.oaqlld.com
Email: oaqldsecretary@gmail.com
Intergroup Number: 09336
ABN: 249 834 795 34

For all inquiries please email:

oaqldsecretary@gmail.com
 To update OA Qld meeting details:
oaqldmeetingco@gmail.com
 To order OA literature email:
oaqldsecretary@gmail.com

For donations and deposits:

Overeaters Anonymous
 Westpac BSB 034 074
 Account Number 103489
If depositing group 7th traditions, use your group number as reference

Position:	Name:	Email Contact:
Chairperson		oaqldchair@gmail.com
Vice Chairperson		oaqldvicechair01@gmail.com
Secretary		oaqldsecretary@gmail.com
Treasurer (Acting)		oaqldtreasurer19@gmail.com
Literature Coordinator		oaqldsecretary@gmail.com
WSBC Delegate		
Meeting List Coordinator		oaqldmeetingco@gmail.com
Region Ten Representatives		
Newsletter Editor		
Public Information Coordinator		
Website Liaison		c/- oaqldmeetingco@gmail.com
Events Coordinator		
Group Support		

The positions on the OA Queensland Intergroup Committee are yet to be finalized for 2024-2025.

If you are interested in doing service and would like to know more, please contact the secretary to find out more information.

INTERGROUP MEETING

We warmly invite members of OA Queensland to attend the monthly intergroup meeting.

Queensland Intergroup meets monthly (excluding January) on the
 1st Saturday of each month, 9:00 a.m. - 11:00 a.m.

Zoom Meeting Link: <https://us02web.zoom.us/j/86870997009?pwd=YjUxck80YS9kVjZZNW5oeHBKM3ROUT09>

Meeting ID: 868 7099 7009 **Passcode:** 012938

Dial by your location phone number below then enter the meeting ID – 868 7099 7009#.
 QLD +61 7 3185 3730 VIC/TAS: +61 3 7018 2005 NSW/ACT: +61 2 8015 6011
 NT/SA/WA: +61 8 6119 3900 or +61 8 7150 1149