

## OVEREATERS ANONYMOUS QUEENSLAND MEETING LIST – APRIL 2024

*Whatever problem you may have with food, you are welcome at our meetings!*

For intergroup contacts, bank details and other information please see the last page.

<b>MONDAY</b>		
<b>Sandgate</b> Group # 57260	6:45 p.m. – 7:45 p.m.	<b>Telephone Meeting</b> <b>Free Conference Call Dial in:</b> (07) 5660 6012 <b>Access Code:</b> 4109120# Alternatively download the Free Conference Call app. <b>Contacts:</b> Regan – 0419 024 917
<b>Pacific Rim Steps Meeting</b> Group # 88397	5:30 p.m. – 6:30 p.m.	<b>Zoom Meeting</b> – Newcomers welcome! <b>Meeting ID:</b> 483 519 5807 <b>Password:</b> Please phone or text the meeting contact person to obtain password <b>Contact:</b> Rosemary – 0427 741 302 (Hosted by Melbourne Intergroup) Note: The meeting is at 5.30 p.m. AEST all year round. It does not change with Daylight savings.
<b>TUESDAY</b>		
<b>Victoria Point 48hr OA</b> <b>What's App Text Meeting</b> Group # 99056	7:00 p.m. Tuesday to 7:00 p.m. Thursday Topic Meeting	<b>Non-Real Time Meeting</b> Please get 'What's App' on your mobile, then use the link below to add yourself to the chat. <a href="https://chat.whatsapp.com/CkVsjiWUWxXG8d6CNmUjRk">https://chat.whatsapp.com/CkVsjiWUWxXG8d6CNmUjRk</a> <b>Administrators/Contacts:</b> Les – 0415 270 460 and Kim – 0433 329 776
<b>Townsville (Regional)</b> Group # 57940	6:30 p.m. – 7:30 p.m.	<b>Hybrid Meeting – Face to Face &amp; Zoom</b> <b>Face to Face</b> Scouts Centre 387 Charles Street, Kirwan <b>Zoom Meeting Link:</b> <a href="https://us02web.zoom.us/j/5740375070?pwd=WTNGKzdTMERDNFJVelFaSk5xYmZZQT09">https://us02web.zoom.us/j/5740375070?pwd=WTNGKzdTMERDNFJVelFaSk5xYmZZQT09</a> <b>Zoom Meeting ID:</b> 574 037 5070 <b>Passcode:</b> 157610# <b>OR Dial by your location:</b> QLD - 07 3185 3730                      SA - 08 7150 1149 NSW / ACT - 02 8015 6011              WA - 08 61 193 900 VIC / TAS - 03 7018 2005 <b>Contact:</b> Thelma – 0416 037 530 and Sarah – 0421 930 309
<b>WEDNESDAY</b>		
<b>Rockhampton (Regional)</b> Group # 800935	6:00 p.m. – 7:00 p.m.	<b>Zoom Meeting</b> <b>Zoom Meeting Link:</b> <a href="https://us02web.zoom.us/j/81108476636?pwd=NEtXWDNCWTA3YjRaR2pxK1dueDI1Zz09">https://us02web.zoom.us/j/81108476636?pwd=NEtXWDNCWTA3YjRaR2pxK1dueDI1Zz09</a> <b>Zoom Meeting ID:</b> 811 0847 6636 <b>Password:</b> 157610# <b>Contacts:</b> Helen – 0468 903 620 and Pauline – 0407 116 487
<b>Beenleigh</b> Group # 57652	5:00 p.m.	<b>Hybrid Meeting – Face to Face &amp; Telephone</b> <b>Face to Face</b> Community Centre 10 James Street, Beenleigh <b>Free Conference Call Dial in:</b> (07) 5660 6012 <b>Access Code:</b> 846537# Alternatively download the Free Conference Call app. <b>Contact:</b> Diana – 0414 503 606

THURSDAY		
<b>Moggill</b> Group # 000265	11:00 a.m. – 12:00 p.m.	<b>Zoom Meeting</b> <b>Zoom Meeting Link:</b> <a href="https://us02web.zoom.us/j/5740375070?pwd=WTNGKzdTMERDNFJVelFaSk5xYmZZQT09">https://us02web.zoom.us/j/5740375070?pwd=WTNGKzdTMERDNFJVelFaSk5xYmZZQT09</a> <b>Zoom Meeting ID:</b> 574 037 5070 <b>Password:</b> 157610# <b>Contact:</b> Sheila – 0404 302 186
FRIDAY		
<b>Holland Park</b> Group # 51811	10:15 a.m. – 11:30 a.m.	<b>Face to Face Meeting</b> Church of Christ (hall under church) 55 Crown Street, Holland Park <b>Contact:</b> Jane – 0404 055 013
SATURDAY		
<b>Chermside</b> Group # 53282	9:00 a.m. – 10:30 a.m. Wk 1: 12 Steps Wk 2: 12 Trad Wk 3: 12 Steps Wk 4: OA Lit	<b>Zoom Meeting</b> <b>Zoom Meeting Link:</b> <a href="https://us02web.zoom.us/j/5740375070?pwd=WTNGKzdTMERDNFJVelFaSk5xYmZZQT09">https://us02web.zoom.us/j/5740375070?pwd=WTNGKzdTMERDNFJVelFaSk5xYmZZQT09</a> <b>Meeting ID:</b> 574 037 5070 <b>Password:</b> 157610# <b>Contact:</b> Kate – 0433 938 062
<b>Ipswich</b> Group # 36897	9:30 a.m. – 10:30 a.m.	<b>Face to Face Meeting</b> Sacred Heart Parish Centre (to the right of the church) 19 Cothill Road, Booval (wheelchair access) <b>Contacts:</b> Christine – (07) 5464 6228 and Louise – 0409 267 369
<b>Victoria Point</b> Group # 50847	10:00 a.m.	<b>Face to Face Meeting</b> Harvest Café High Street, Victoria Point <b>Contact:</b> Kim – 0433 329 776. Please confirm meeting is operating as it does change week to week.
SUNDAY		
<b>Chermside</b> Group # 09336	4:00 p.m. – 5:30 p.m. Wk 1: Step Wk 2: Topic Wk 3: Trad Wk 4: Topic/Lit Wk 5: ID	<b>Zoom Meeting</b> <b>Zoom Meeting Link:</b> <a href="https://us02web.zoom.us/j/5740375070?pwd=WTNGKzdTMERDNFJVelFaSk5xYmZZQT09">https://us02web.zoom.us/j/5740375070?pwd=WTNGKzdTMERDNFJVelFaSk5xYmZZQT09</a> <b>Zoom Meeting ID:</b> 574 037 5070 <b>Password:</b> 157610# <b>Contacts:</b> Kim – 0408 706 849 and Donna – 0424 179 836
<b>Mudgeeraba</b> Group # 57938	4:00 p.m. – 5:00 p.m.	<b>Hybrid Meeting – Face to Face &amp; Telephone</b> <b>Face to Face</b> Mudgeeraba Old Post Office – Heritage Building, Back Room 57 Railway Street, Mudgeeraba <b>Free Conference Call Dial in:</b> (07) 5660 6012 <b>Access Code:</b> 846537# Alternatively download the Free Conference Call app. <b>Contact:</b> Julia – 0411 793 944
<b>Facebook Group:</b> <b>Overeaters</b> <b>Anonymous</b> <b>Australia</b> <b>Meeting</b> Group # 99035	5:00 p.m. – 6:00 p.m. AEST QLD	<b>Non real time meeting, running 'virtually' on Facebook all the time</b> <a href="https://www.facebook.com/groups/1829355207365423/">https://www.facebook.com/groups/1829355207365423/</a> <b>Administrators/Contacts:</b> Luttre <a href="mailto:westacre@optusnet.com.au">westacre@optusnet.com.au</a>

## IF VISITING

**Clifton (Regional)**  
Group # 51564

Clifton is located between Warwick and Toowoomba.  
If visiting the area, please feel free to contact: Luci – 07 4612 3401

## NORTHERN NSW

### WEDNESDAY

**Casino (NSW Regional)**  
Group # 54213

12:00 p.m. –  
1:00 p.m.

**Hybrid Meeting - Face to Face & Telephone**

**Face to Face**

Uniting Church Hall

Cnr Diary and Canterbury Street, Casino.

Please call the contact below to confirm in-person meeting on the day.

**Free Conference Call Dial in:** (03) 8672 0101

**Access code:** 2849437#

**Contact:** Angela – 0459 124 066

## INTERESTED IN STARTING A MEETING?

*Are you interested in starting an OA meeting in your local area? Queensland Intergroup is keen to assist you in connecting with other local fellows who may also share a desire to start face-to-face meetings. If you would like to have your name, details and area listed, please email [oaqldmeetingco@gmail.com](mailto:oaqldmeetingco@gmail.com).*

## OVEREATERS ANONYMOUS QUEENSLAND INTERGROUP INFORMATION

*The purpose of the Overeaters Anonymous Queensland Intergroup is to carry the message of recovery to those with the problem of eating compulsively, by fostering the practice of the Twelve Steps and Twelve Traditions of Overeaters Anonymous, guided by the Twelve Concepts of OA Service; and to serve and represent Queensland member groups.*

**Postal Address:**  
PO Box 15015, City East, Qld 4002  
Shop 3, 69 Ann Street  
**Web:** [www.oaql.com](http://www.oaql.com)  
**Email:** [oaqlsecretary@gmail.com](mailto:oaqlsecretary@gmail.com)  
**Intergroup Number:** 09336  
**ABN:** 249 834 795 34

For all inquiries please email:  
[oaqlsecretary@gmail.com](mailto:oaqlsecretary@gmail.com)  
To update OA Qld meeting details:  
[oaqlmeetingco@gmail.com](mailto:oaqlmeetingco@gmail.com)  
To order OA literature email:  
[oaqlsecretary@gmail.com](mailto:oaqlsecretary@gmail.com)

**For donations and deposits:**  
Overeaters Anonymous  
Westpac BSB 034 074  
Account Number 103489  
*If depositing group 7th traditions, use your group number as reference*

Position:	Name:	Email Contact:
Chairperson	Donna	<a href="mailto:oaqlchair@gmail.com">oaqlchair@gmail.com</a>
Vice Chairperson	Tina	<a href="mailto:oaqlvicechair01@gmail.com">oaqlvicechair01@gmail.com</a>
Secretary	Vacant	<a href="mailto:oaqlsecretary@gmail.com">oaqlsecretary@gmail.com</a>
Treasurer (Acting)	Jenny	<a href="mailto:oaqldtreasurer19@gmail.com">oaqldtreasurer19@gmail.com</a>
Literature Coordinator	Vacant	<a href="mailto:oaqlsecretary@gmail.com">oaqlsecretary@gmail.com</a>
WSBC Delegate	(1) Vacant (2) Vacant	
Meeting List Coordinator	Libby	<a href="mailto:oaqlmeetingco@gmail.com">oaqlmeetingco@gmail.com</a>
Region Ten Representatives	(1) Vacant (2) Vacant (3) Vacant	
Newsletter Editor	Vacant	
Public Information Coordinator	Vacant	
Website Liaison	Libby	c/- <a href="mailto:oaqlmeetingco@gmail.com">oaqlmeetingco@gmail.com</a>
Events Coordinator	Vacant	
Group Support	Vacant	

If you are interested in doing service and fulfilling one of the vacant roles, please contact the secretary to find out more information.

### INTERGROUP MEETING

***We warmly invite members of OA Queensland to attend the monthly intergroup meeting.***

Queensland Intergroup meets monthly (excluding January) on the  
1st Saturday of each month, 9:00 a.m. - 11:00 a.m.

Zoom Meeting Link: <https://us02web.zoom.us/j/86870997009?pwd=YjUxck80YS9kWjZlZW5oeHBKM3R0UT09>

**Meeting ID:** 868 7099 7009 **Passcode:** 012938

Dial by your location phone number below then enter the meeting ID – 868 7099 7009#.

QLD +61 7 3185 3730 VIC/TAS: +61 3 7018 2005 NSW/ACT: +61 2 8015 6011

NT/SA/WA: +61 8 6119 3900 or +61 8 7150 1149